

# Dr. L. Dwight Baker

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334-793-3113

## **ABDOMINOPLASTY PRE-OPERATIVE INSTRUCTIONS**

- 1. Your surgery has been scheduled for \_\_\_\_\_ at \_\_\_\_\_.**
- 2. Please call Flowers Hospital Outpatient at 334-794-7610 to schedule a pre-anesthesia assessment appointment. This is recommended to be done at least 10 -14 days prior to surgery.**
- 3. You will receive a prescription for Robaxin , which is a muscle relaxer. You will need to take two caplets the night before surgery and two the morning of with only a sip of water and then as directed after surgery as needed for your discomfort.**
- 4. Take one Celebrex the night before surgery and then one each night after surgery for your inflammation.**
- 5. You need to bathe with Hibiclens the night before surgery and the morning of surgery being very careful not to get it your eyes. If you are marked the day before surgery make sure you do not scrub the markings.**
- 6. You should follow anesthesia's guidelines for eating or drinking prior to surgery.**
- 7. You have a \$500.00 deposit due at the time of scheduling and the balance is due two weeks prior to surgery (cash, cashier's check, money order or credit card).**
- 8. Please take all of your pre-operative medications with you to the hospital.**

**We hope this information is helpful to you. If you have any questions regarding these instructions or any question about surgery please contact our office.**