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105 Professional Lane
Dothan, Alabama 36305
(334)793-3113

Surgery Instructions

1. Your surgery has been scheduled for _____ at Flowers Hospital. You should go to the Outpatient Department.
2. If you are having cosmetic surgery we require a \$500.00 deposit to reserve your surgery date. Your balance is due two weeks prior to surgery in the form of cash, cashier's check, money order, Visa, MasterCard or American Express. **WE WILL NOT ACCEPT PERSONAL CHECKS OR DEBIT CARDS AT THIS POINT.**
3. Bathe with the Hibiclens Scrub the night before surgery and the morning of surgery from head to toe including your hair.
4. You must bring someone to take care of you. If you do not have someone present to drive you home from Flowers Hospital you will not be allowed to proceed with surgery.
5. Please remember to not eat or drink anything after midnight the night before your surgery. This is **VERY** important.
6. If you should need to cancel your surgery, we must know at least five (5) working days prior to surgery or you will forfeit your deposit.
7. You will receive a prescription for pain medication and nausea medication. You should follow the instructions on your prescription. You **MAY** receive a prescription for an antibiotic. This should be started after surgery and taken according to the prescription. You need to take your medications with you to the hospital.
8. Wear loose comfortable clothing such as a button-up shirt or warm-up. Bring a pair of socks.

9. Do not wear any make-up, nail polish or jewelry the day of surgery.
10. There are certain medications that should be avoided three (3) weeks prior to surgery. We have attached a list. If any of these medications are prescribed by another physician please contact our office.
11. We will call you the day before your surgery to let you know what time to be at the hospital. You should expect to be at the hospital from six to eight hours. We try to reduce your wait times as much as possible but at times there are delays that are beyond our control.
12. We would like for all of our patients to see anesthesia prior to surgery. Please call Flowers Hospital Outpatient at 334-794-7610 to schedule a pre-anesthesia assessment appointment. This is recommended to be done 10 – 14 days prior to your surgery date. Please take a list of all medications that you are taking to your pre-anesthesia appointment.

Please follow these instructions as carefully as possible. If you have any questions or concerns please contact our office.